

Dear Friend,

Spring is absolutely bursting out all over here in the beautiful hinterlands of the Sunshine Coast.

Just in the last few days the Camphor Laurel trees are showing off their spring dress, the Bauhinia trees are in full and spectacular bloom; the orange blossoms fill the air in Lyn's garden and the scent from the Port Wine Magnolia tree just outside the Temple entrance is a gift straight from the heavens.

While we are enjoying the fruits of spring, the Amazon Rainforest is suffering; bush fires are raging in Stanthorpe, Peregian Beach and N.S.W. Our hearts are with the people, the natural world and indeed our planet.

Jenny Dent, Worldwide Leader of the Lodge has sent out an appeal for us all to join together in pray. Will you join with us in holding these areas in the Light of the Star? You may like to use the following words or use your own prayer.



“WE HOLD IN THE HEART OF THE GLORIOUS CHRIST STAR THE AMAZON RAINFOREST, THE ANIMALS AND THE INDIGENOUS PEOPLE AND THE AREAS IN AUSTRALIA AFFECTED BY BUSH FIRES (and you may like to name them)

WE SEE IN THE LIGHT AND INSPIRATION OF THE STAR ALL THOSE WHO BRAVELY WORK TO COMBAT THE FIRES AND THE RELIEF WORKERS FOR HUMANS AND ANIMALS.

WE HOLD ALL CONCERNED, IN THE HEART OF THE CHRIST STAR.

Thank you for joining with thousands of like-minded people around the world.

Speaking of joining with like-minded people, we are SO excited to be the host for an amazing group of people at Cygnet who are holding a International Peace Day here at the Lodge on Saturday 21st September at 2.30 p.m. The following is their press release: -

‘Peace Day Activities: Growing Peace

Cygnet Centre for Peacebuilding and Transformation invites community to come together on Saturday 21 September to honour International Peace Day. ‘Growing Peace,’ a two-part, arts-based celebration will include an afternoon event with a Welcome to Country, a Corroboree by Gifted Murris Unit, collaborative arts activities, a talking circle focussed around peace, inclusion, and reconciliation, and a closing ceremony featuring multicultural, interfaith songs, and the creation of a ‘Peace Tree.’

Community art and craft activities, including making peace flags and talking sticks, a collaborative canvas, and the creation of messages of peace for the Peace Tree will take place throughout the afternoon.

The afternoon event will be followed by an evening concert of intercultural sacred music with singers Kim Cunio and Heather Lee. The events will be held in the grounds and under the dome at the White Eagle Lodge, 19 Tesch Road Maleny.

Afternoon activities will run from 2.30-6.00pm. The evening concert will start at 7.00pm. Cost is \$5.00 for the afternoon and \$25.00 for the concert. Art supplies will be provided, and tickets and food for both events can be booked through TryBooking (<https://www.trybooking.com/BFAFJ>). To find out more, visit the events tab at www.cygnetcentre.com check out Cygnet’s facebook page, or call 0424 793 095.



With all the unusual activities within the natural world, the political and financial unrest in Society it is sometimes hard to hold fast to the inner knowing that everything is held within God's hands. On Sunday we shared with the congregation the following talk. We hope it inspires you to keep on keeping on believing in the power of good and God's love for all life.

"I've just recently returned from a holiday out west and during the 3 weeks away and through a number of experiences I was so aware of God - and God holding everything in His/Her Hands including the stars, the universe, right down to the opals in the earth. One only has to look at what a seed or a bulb holds within it, the full potential of the plant/shrub/tree..... Who or what has placed within that seed such greatness, strength and beauty that that seed will some day be a delicate flower or a huge tree?



We see all around us the incredibility of nature – the different shaped leaves; the uniqueness of each flower. The whole of the Natural world is teeming with diversity. One only has to watch David Attenborough's programmes to know that all is in divine order.

God – the Father/Mother/Son – the trinity..... God or the Great White Spirit, that infinite power - call it what you will – but that Power holds everything in perfect order, perfect balance. In an unpublished teaching White Eagle said '*why do you worry when God holds the whole world in His hands. Let go and let God.*' How do we let go and let God.....for me it is finding that peace within my heart, within my emotions and within my mind. Being out west has reminded me of the need to be still, to find that peace. Out there away from the hustle and bustle of work and life on the coastal fringe, it is easier to feel and experience that stillness.

When we ARE still, everything in us relaxes and we can then see beyond the physical, beyond the turbulent emotions and our thoughts easily turn to God, our Creator. It is easy then to feel that God does hold everything in perfect order. The **challenge** is to bring that inner knowing back into our daily life, to bring that stillness into our thoughts and emotions and when we see or hear something that is disturbing, breathe in God's love and light, breathe the light into our thoughts and emotions so that we truly FEEL that stillness within our whole being. It is in the stillness of our heart and through our daily meditations that we can truly know GOD.

Let's hear what White Eagle has to say: -

"Having been given a limited amount of freewill choice in your own affairs, my friends, you sometimes feel life to be a great burden; this is because you forget that you come from an all-wise all-loving God.

We are going to suggest and indeed emphasise this profound truth - that if you will at this moment and henceforth remember every morning and every evening that you are held within the love of your heavenly Father-Mother, you will feel uplifted and so relieved of tension.

So, whenever you find yourselves getting over-anxious, excited, overwrought about daily happenings either in the outer world, or concerning your personal life, pause; and remember "the Lord is my Shepherd; I shall not want....."

"The Lord is my Shepherd." What does this mean? Simply, it means that God has created you His child, made in His own image; and has breathed into you the breath of His life. This does not mean only the physical breath and the life of the physical body.

*It means that you are an actual part of God. God has breathed into your soul, into your own being, His divine love, His divine life, so that **He and you are in unison**. You are become one. The task of men living on earth is therefore to learn and to comprehend the meaning of this unison with the divine Intelligence Who watches **over every detail of every human life.**"*
Angelus P 196 July 1950

It's hard to imagine or believe at times that if we are part of God then we are also part of that vast universe, we are part of this earth; and that a divine intelligence watches over every detail of our lives, isn't it. We can't comprehend this with just our limited earthly mind, we have to **know and believe** this with our heart and soul. The Aboriginal people believed it, which is evident in their Dreamtime. God – the Father, God the Mother watches over us always. God holds the Universe in perfect balance and order.

In another article White Eagle said: -

"The stars move on their appointed courses in the heavens. Does not the scientist perceive in the movements even of the electrons which revolve round the protons, an intelligence at work far beyond the comprehension of man's intelligence?"

The deeper the scientist probes into these mysteries of physical life, the more convinced does he become of an invisible power beyond time and space, and which must be omnipresent, omnipotent and omniscient.

This same power and intelligence which holds the stars on their course, controls also the planets, the sun and the moon, which in turn influence all human life and nature life here on earth.....

This same divine Intelligence manifests not only in the mighty and complex but in simple ways. My friends, it manifests in all the great works of man. If the power of God be absent from music it is no longer great, if the power of God is absent from literature it lacks its greatness. If the power of God be absent from art the art is dead. If this power were withdrawn from nature, nature could not manifest its beauty, for behind all nature is beauty beyond the intellect of man to conceive or express.

*We behold the wayside flower or the wing of a butterfly and its intricacies and all we can say is "how wonderful!" But we cannot conceive the artistry behind, and still less have we a conception of God. God is everywhere - closer than breathing, nearer than hands and feet; **God is in you, and is you; you are part of God, the microcosm within the macrocosm.***

The more you meditate upon this the more you will consciously expand beyond the limits of time and space, for as you dwell upon the thought of God you will be released from the limitations of this physical life, you will enter into a higher state of consciousness. (Angelus June 1943 P4-8)

This is so important. . . . The more we can practice going within, we increase our ability to sustain the level of peace and tranquility we receive in our meditations. Peace is not external; peace is within our hearts and minds.

MEDITATION:

Lay aside all the thoughts now of the outer world and focus on your breathing. Allow your breathing to become a little slower and deeper as you relax your body, relax your mind.

As you relax you withdraw to that inner place of stillness, within your heart centre and you become aware of the Light within your heart. Your heart centre is like a jewel casket....

You may like to open your casket and lying upon a cushion is a golden jewel flashing like fire.... See the rays from this jewel beaming out in all directions, reaching right out into the world. This is the real you..... Just like the seed holds the potential for a huge tree, so within your heart is the potential for a Master Soul. Keep that vision, not only in your mind but in your heart-mind.

You ARE this beautiful shining jewel of Light and from this jewel of Light, from your heart, you are projecting this great love – love for your family, love for humanity, love for the earth and beyond. Really feel this pulsation of love and light in waves.....

Peace, peace, peace in your heart and mind. Peace.

Slowly now withdraw from the inner world into your everyday life bringing with you that jewel of light within your heart.



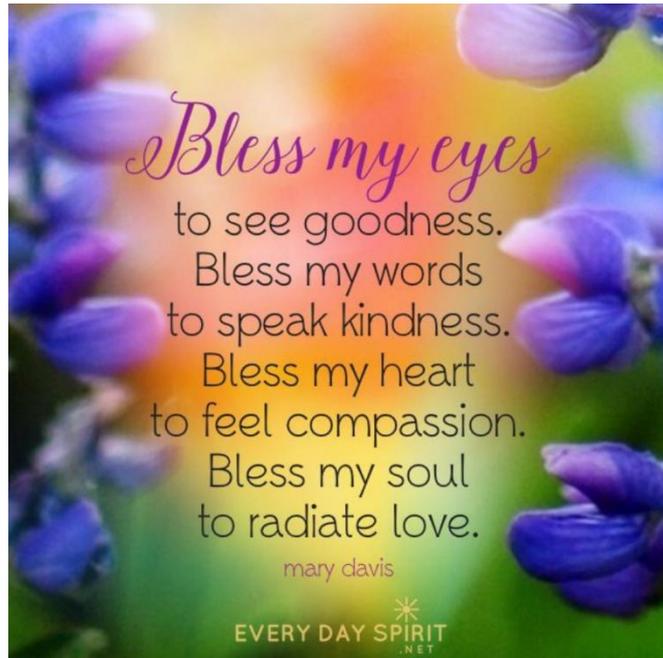
Members Contribution

Mother's Love for a Boy

One day Thomas Edison came home and gave a paper to his mother. He told her, "My teacher gave this paper to me and told me to only give it to my mother." His mother's eyes were tearful as she read the letter out loud to her child, "Your son is a genius. This school is too small for him and doesn't have enough good teachers for training him. Please teach him yourself."

Many years after Edison's mother had died, Edison had become one of the greatest inventors of the century. One day he was going through the old closet and he found a folded letter which was given to him by his teacher for his mother. He opened it. The message written on the letter was, "Your son is mentally ill. We cannot let him attend our school anymore. He is expelled."

Edison became emotional reading it and then he wrote in his diary, "Thomas Alva Edison was a mentally ill child whose mother turned him into the genius of the century."



Moral: A Mother's love and upbringing can help change the destiny of a child.

And now from a member in Brisbane who has given permission for her letter to be published but wishes to remain anonymous: -

“Thank you for putting together and sending the Newsletter. Always gratefully received.

I agree with your thoughts about the reaction to the Christchurch event. The spontaneous outpouring of togetherness gives me much hope that the work we all do in the silence of our minds is having such an uplifting effect where needed.

I don't know if it's just my eyesight, but the star at the bottom of the page in the newsletter is actually alive with radiation. Well it is on my computer. It's fascinating to watch.



Please thank White Eagle for those inspiring words about Wesak. I know about the Wesak valley in the Himalayas where people travel to for days and lay out huge tankas on the slopes waiting for the full moon when the Great Brothers come together to pour out Their Love for all. That must be a huge sacrifice on their part.

Can we ever measure up to being the pure love that is offered to us? (Rhetorical question to self).

I note that often you have to explain that in the White Eagle teachings the use of the word man includes men and women. Let's not get gender focussed here as you don't in the White Eagle Lodge, thankfully. It might be of interest to remember that the word "man" is the root of the Sanskrit verb 'to think'. It is the Thinker in us which we call the mind or the immortal individual, the real "I". That means the words, humanity or mankind mean all of us and have nothing to do with being male.

Hopefully we can all get over the gender thing and move on. After all the focus is spiritual work, not the personality let alone gender for that matter.

I'll get off my soap box now.”

We agree completely dear one, it is about spiritual work and we loved your explanation of the word “man” and the Sanskrit root. Thank you so much for sharing.



From a member in New South Wales:

“Some years ago, a young lad was travelling in the Himalayas and befriended a Buddhist monk traveling on the same road. In conversation he expressed a desire to meet a guru and the monk obligingly directed him to a village on their journey and told him he may find what he was seeking at a monastery by a

nearby stream.

On approaching the stream, he could see no monastery, only an old derelict ruin, but a woman was collecting water from the stream. He approached her and asked her if she knew where the monastery was. She told him that if he waited, he may see some monks passing by. He waited and waited day and night only drinking water from the stream for some considerable number of days.

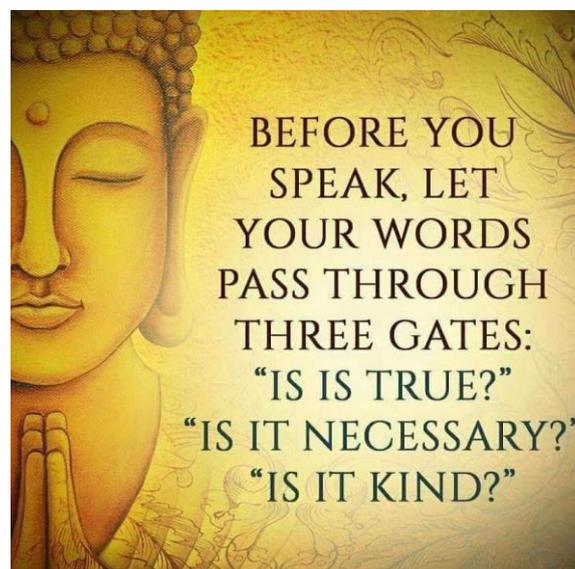
Villagers who became aware of the stranger asked after his welfare and some even brought him a little food. Eventually several monks passed by, and he endeavoured to follow them but in his weakened state he could not. He resolved that should they return he would follow them at all costs. This he did and after a short distance they approached the derelict ruin which was undoubtedly once a monastery but clearly could not possibly be inhabited now.

However, the ageing timber doors were more or less intact. The monks who had not acknowledged his presence in any way pushed open the doors and went into the ruin and close on their heels our lad followed them through.

Once inside the ruin the doors instantly closed behind him. To his astonishment he was now inside a fully functioning Zen monastery, with courtyards, beautiful gardens and an entire monastic community.

Not a great deal is revealed about what transpired inside those walls other than our lad became a pupil of the Zen Master therein and spent many months, even several changes of season, possibly some years, for time seemed to dissolve, learning from the Master. The community fed and clothed him during this time.

Finally, the time came for him to return to the outer world. He left by the same doors, and found himself outside the ruin again; Had he dreamt all this, was it delirium? No, it was not a dream, for he had with him the gift that he had been presented with before his leaving and the robes he had been given to wear. Despite the long period that had elapsed within those walls, he had not aged one jot, and discovered that only a matter of days had actually passed. It is said he went on to make significant contributions to our world, but his identity is not revealed. Over the years it is said he returned twice more to this Shangri-La. Those within its walls had not aged at all, despite his advancing years and warmly welcomed him back as if one of their own on each occasion. More is not known.....



News from some of our Groups

REPORT FROM NEW ZEALAND KAPITI COAST GROUP SPRING 2019

This comes with warm greetings to all members and friends on this side of the globe, and beyond. It is a lovely thought that we have spiritual brothers and sisters all over the world, isn't it? What a wonderful gift.

We hope you will have been enjoying uplifting and nourishing spiritual food from the White Eagle publications and services, if you are lucky enough to be able to attend one or more of these. Our monthly group, which is held in Waikanae on the West Coast of lower North Island, New Zealand, is happily flourishing, with 16 now attending regularly.

We are very pleased to welcome Claudia Duncan into the fold of the White Eagle Lodge as a member – she has been coming to our meetings for a year and a half and has volunteered to do some absent healing, so we are delighted that she feels she can give something back to the work. Thank you, Claudia. We also give a warm welcome to Carol Wideberg (the sister of one of our group members) who has been attending since May and has the furthest to travel, accompanying her sister Sandra and Paddy, our longest-serving member and Star Brother.

Music is an integral part of our services, helping to create a beautiful atmosphere, and is one of the joys in planning a service. In November last year we had our annual retreat day, and the focus was on our feathered friends, the birds. We had a presentation by “The Bird Man of Waikanae”, Mik Peryer, and prior to his fascinating talk and pictures, we spent a quiet time in the Chapel, with a meditation on the meadow lark as it soared between earth and heaven, singing its song of joy. The music was “Lark Ascending” of course. Then the December service was spent at Paddy's lovely home, when we were delighted by Susan Boyle's beautiful voice singing Christmas carols. In January the music was rather unusual, 18th century hymns sung by Maddy Prior. At Easter we recalled Christ's life in music, from his birth and life to his crucifixion and ascension, and then our Harvest Festival included Vivaldi's “The Four Seasons”.



One very happy occasion in July was celebrating the 90th birthday of our dear Paddy. After the service we were treated to a scrummy birthday cake made by our most artistic member, Shirley, (see pic) who had also made a beautiful birthday card for Paddy and one for our youngest member's little daughter, Ellie (age 2) who shares her same birth date. In the photo you can see



Ellie reading from one of Mik Peryer's books for children, which was a gift from Paddy.

*Happy 90th Birthday Paddy
and 2nd Birthday for Ellie*

In our own small way, we have been trying to support the various works with the leaky dome

and repairs to the internal damage at the temple in Maleny, and are planning to do the same with the rebuilding of the temple in Hampshire, England, which was the original home of the Lodge over 70 years ago, also due to a leaking dome which has done irreparable damage to the structure of the building. One of our NZ members came up with the idea that if every member and supporter of the White Eagle Lodge gave just \$5, (or the equivalent in other countries) it would make a significant difference to the fundraising when these expensive works become necessary. What a good idea! We were moved by the plight of the Moslem community in March this year and joined in sending a donation and message of support via "Give a Little". The response from all over the world was absolutely amazing and helps us realise that we are all one, regardless of colour or creed, and giving just a little can amount to a lot if enough people do so.

Sending love, Light and blessings to you all, from Jean White and the Kapiti Coast Group, NZ.

White Eagle Work in Hervey Bay

Christine Walton writes: -

On the 3rd Thursday of every month a small enthusiastic group meet to further the work of White Eagle.

Doug and Joy Schott open their home for our meeting and provide an amazing lunch from home grown vegetables.

We are very blessed to have Lyn Edwards from the Temple in Maleny join us with her husband Steve to provide guidance.



Although we all work individually for White Eagle, when we meet as a group, we feel great joy as we listen to music, heal the sick and transcend to the higher planes during meditation.

We are very grateful for the opportunity to meet and share our thoughts, interpretations and love.

Dear White Eagle on the Heavenly Plane,

We turn to you for guidance in our earthly Domain.
Help raise us up to our higher self as we learn
And feel the vibrations of Heavenly love that we yearn

Let us show compassion to all people and respect who they are
For each person must find their own way home following the Star

Thank you, White Eagle, for all you have done for us on earth
Your teachings are valuable, and we appreciate their worth

Amen

Christine Walton



Christine Edwards from the White Eagle Work in SOUTH AUSTRALIA

The South Australian Group still meet on the 2nd Saturday of each month mainly at Joy Shepperd’s home at Hove. We welcomed a member who recently moved from Victoria to South Australia. I am happy for any members to visit when in South Australia, and I may be able to organise a get-together to send out the Light as well as a social visit.

Would appreciate hearing from others.

Many, many Blessings Love and Light flow to all.

Wendy Davis from the BUXTON GROUP writes: -

Our Group continues to gather each week on Wednesday here in Buxton, and now every 3rd Wednesday, Susan Cooper (Group Leader in Melbourne) is also attending. Lovely!

Firstly, we do an Absent Healing Service – always deeply felt and respected. We rotate who conducts this amongst us. Then follows a morning tea break where we catch up on relevant news, personal challenges/insights and offer support and understanding to each other.



Following morning tea and after the Opening Prayer and ‘Star Light’ quotation, we have a reading of White Eagle’s teachings, with a discussion on this afterwards. As we journey together, we find both individual and Group growth occurring, steadily, but surely, week by week. Again, we rotate amongst us, who does this reading. The same applies to the meditation and following the reading, the closing down and ending prayer. All are shared between we Brothers. This has enabled growth of skills, confidence and a sense of contribution and equality within the Group. I have always seen myself as a ‘facilitator’ and endeavour to keep ‘successfully’ doing so.

Time rolls on. The Group has now been going for over 17 years. Still the magic, beauty, love and peace of White Eagle’s teachings leads us, embraces us, uplifts and inspires us. We are just so blessed in this profound opportunity given to us as part of the work for the Light.

Wendy Davis (Sister Star Light)



Susan Cooper from the MELBOURNE STAR CENTRE writes: -

Welcome dear readers of this newsletter.

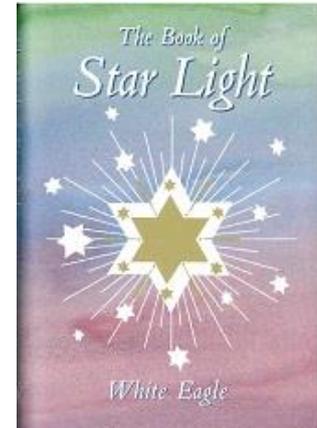
We send you all a loving hello from what has been a very cold Winter this year in Melbourne. Having said that, winter does bring its own gifts to us just as spring, summer and autumn. Mother nature and the Angels open up to us the secrets and the beauty of each season and winter is no exception. Winter has given us all the opportunity of

going within to the stillness and silence of the season for the renewal and strengthening of our inner being.

This year, many of us have had some challenging times during the months of winter to face and work through and so the word hope comes to mind, hope for the future, for us and for all mankind and for the hope of spring to come. The season of spring brings the gift of new life, transformation and hope. A time of new creation not just in ourselves and others but also in nature.

In White Eagle's book 'The Book of Starlight', (available from the web store) which is a favourite of many of us, is this beautiful reading:

"The moment to change your life is always now. The moment to change the world is always now. It is done in simple ways, even in tiny ways, but it is done every time you centre yourself upon a symbol that recalls perfection. Such a symbol is the six-pointed Star. The very thought of it can inspire balance, poise, harmony, peace and health. Hope is not something that is easy for us to grasp when we are facing illness, particularly when our loved ones are affected by traumas and challenges. We have to keep reminding ourselves that all things happen for a reason and that there is a purpose in all things."



What do we hope for? We hope for all kinds of things and with the gift of spring just around the corner we hope for warmer and sunnier days and we hope that one day all humanity will come to a deeper understanding of the true purpose of life. What a different world we would be living in if all humanity could learn to love one another and be kind to each other, working towards peace and brotherhood. Then our hope would be that the Christ Light, this transforming light, would shine in the hearts of all people. How lovely it would be to see the Christ light shining in the faces of all the people we meet.

Speaking of hope and transformation, we are looking forward to welcoming Anna Hayward from the Temple in England and our dear Gay from the Temple in Maleny to Melbourne in October.

On October 4th, Anna will be facilitating a retreat day. The theme for the day is: "Transform Your Life". (see next page)

Our Melbourne White Eagle Groups meet regularly either on a weekly or fortnightly basis and at our monthly Sunday service at Mount Waverley. These are the wonderful times when we all realise how beautiful and relevant to everyday life White Eagles teachings are. We also realise how fortunate and privileged we all are to be part of the White Eagle Lodge being able to meet together in sending out the light to all humanity, the world, the animal, the nature and angelic kingdoms.

May there be enjoyment and laughter in life also.

Much love to you all from Susan and the Melbourne Lodge.



“Transform your Life” Day Retreat With Anna Hayward

You may be familiar with the topic ‘Transforming your life’ through Anna’s articles in Stella Polaris and these form the basis of an intriguing day of enlightenment and a further opening of our heart centre so that the rose of love truly can bloom in our hearts.

PLACE: Alvie Road Hall, Cnr High Street Road and Elvie Road, Mt. Waverley (Melway Map 61 D11)

COST: \$85 for the day.

LUNCH: Could you please bring a plate of vegetarian food to share. Morning and Afternoon tea will be provided.

TIME: 10 a.m. to 4.00 p.m.

For more details on payment or more information please contact:-

Susan Tel: 0448 844 390; **Carita** - 0417 538 251; **Dianna** - 0437 211 528



Beth Measures from the HAMILTON GROUP in New Zealand writes: -

*Kia ora! Tena koutou katoa.
Loving greetings and blessings to you all!*

*How quickly the year is passing!
Our group has continued to meet monthly on the last Sunday in the month. There are now ten in our group which is so encouraging. The topics this year so far have been celebrating the New Year, ‘The Flowering of the Soul’, ‘In Balance and Harmony’, Celebrating Easter (‘Surrender’ and the ‘Arisen Christ’), Wesak and Whitsun.*

*The group members continue to enjoy the services and appreciate so much the knowledge gained through White Eagle’s wonderful teachings – so uplifting and inspiring! We are all so privileged!
I enclose a photo of the group taken on Sunday, 28 April. Four members were absent due to various reasons including dear Alan Billings who was celebrating his 90th. Birthday with family and friends in Auckland. Congratulations Alan on becoming a Nongenarian!*

*With much love, light and healing to you all.
God bless you all!
From the Hamilton White Eagle Group, New Zealand.*

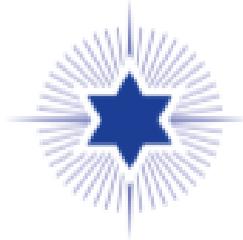


Richest blessings to you dear one. May you feel nurtured and part of the White Eagle Community as you read this newsletter and that that feeling stays with you.

Loving and supportive thoughts

Lyn

Gay



Temple of Light & Star Retreat Centre

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Avalon Group:

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A.C.T.

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